

Threading Consent Form

Threading Consent Form

(Aesthetics)

Date:

Patient Information

- **Patient Name:** {{patient_first_name}} {{patient_last_name}}
- **Date of Birth:** {{patient_birthdate}}
- **Email:** {{patient_email}}

Service Selection

Please select the area(s) to be treated:

Eyebrows

Upper Lip

Chin

Sides of Face

Forehead

Full Face

About Threading

Threading is an ancient hair removal technique that uses a thin cotton or polyester thread to remove unwanted hair at the follicle level. The thread is doubled, twisted, and rolled over areas of unwanted hair, plucking the hair at the follicle level. Threading is precise and allows for clean, defined shapes, particularly for eyebrows.

Benefits of Threading:

- Precise hair removal for defined shaping
- Suitable for sensitive skin
- No chemicals involved



- Results last 3-6 weeks
- Less irritation than waxing for many clients

Pre-Treatment Questions

Please answer the following:

Do you have any of the following conditions in the treatment area?

Sunburn

Skin irritation or open wounds

Active acne or breakouts

Skin infection

Eczema or psoriasis

Rosacea

Are you currently using any of the following?

Retinoids, Retin-A, or Tretinoin

Accutane (current or within past 6 months)

AHA/BHA acids or chemical exfoliants

Contraindications

Threading may not be suitable if you:

- Are currently using Accutane or have used it within the past 6 months
- Have active skin infections, sunburn, or open wounds in the treatment area
- Have had recent chemical peels, laser treatments, or microdermabrasion (within 2 weeks)



- Have extremely sensitive skin that reacts severely to hair removal

Risks and Side Effects

Potential risks and side effects of threading include:

- Temporary redness and minor swelling (typically subsides within 30 minutes to a few hours)
- Slight discomfort during the procedure
- Temporary skin sensitivity
- Rare: ingrown hairs, folliculitis, or minor skin irritation
- Rare: allergic reaction to thread material

Aftercare Instructions

- Avoid touching the treated area for several hours
- Do not apply makeup to the area for at least 4 hours
- Avoid direct sun exposure and tanning for 24 hours
- Do not use exfoliating products on the area for 24-48 hours
- Apply aloe vera or soothing gel if redness persists
- Avoid swimming, saunas, or steam rooms for 24 hours

Consent Statements

Please initial each statement:

1. I understand the nature of threading and the expected results.
2. I have disclosed all relevant skin conditions and product usage.
3. I understand the potential risks and side effects of threading.
4. I agree to follow all aftercare instructions provided.
5. I understand that results may vary and hair regrowth patterns are individual.

Signatures

Patient Signature: _____ **Date:**

Technician Name: **Date:**

ENNU Aesthetics - Threading Services

Form Version: 2025.01

Form Complete



X

Luis Escobar
(Awaiting Signature)

Signature Certificate

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Luis Escobar
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Audit

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